Vanderbilt’s Employee Health and Fitness Day

Join in the celebration to increase physical activity

Wednesday
May 15, 2013

Something for everyone - The One Day Challenge, Enjoy Breakfast on the Go, Zumba on the Lawn, Group Fitness Super Class, Know Your Numbers and more!

Schedules and forms can be viewed: http://healthplus.vanderbilt.edu

For questions, call 343-3849