Go Green Smoothie

(Serves 1)

Ingredients:
- 1 cup Strawberries
- 1 Orange, chopped
- 1 Banana
- 2 cups Spinach, fresh
- 1/2 cup (4 oz.) 0% Vanilla Greek Yogurt
- 1 cup ice

Directions:
1. Combine all ingredients and blend until smooth.
2. Pour into glasses and serve!

Nutrition Information: Calories: 306, Total Fat: 0g, Saturated Fat: 0g, Carbohydrates: 75g, Fiber: 11g, Protein: 22g